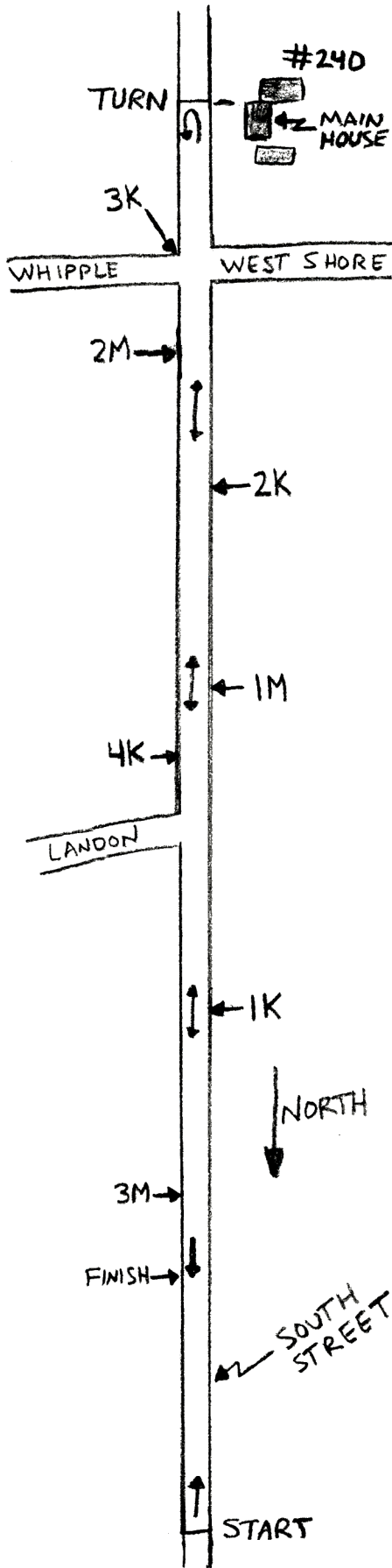


Clarence DeMar 5K

South Hero, VT

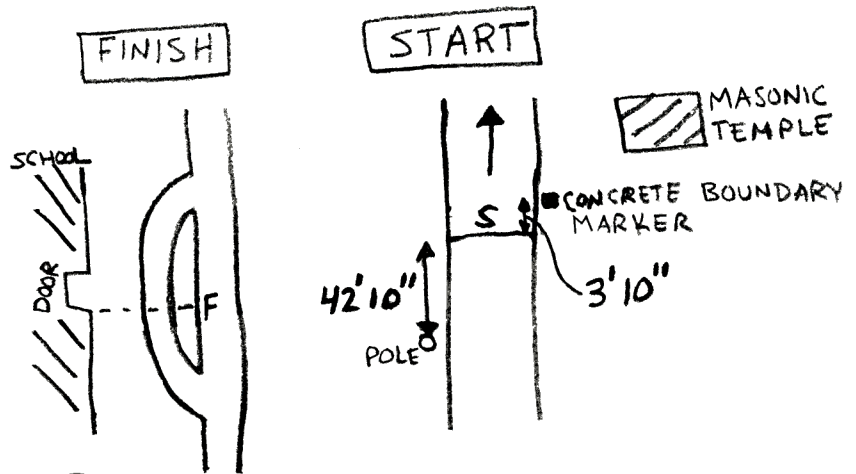
Measured by Steve Eustis on 06/07/2019



- Start 42 feet 10 inches south of utility pole 13/74/12; 3 feet 10 inches north of concrete corner marker of the NE property corner of the Masonic Temple.
- 1 Km 50 feet north of utility pole 8/28/74/34 at Allenholm Farm; 7 feet north of north edge of large barn.
- 1 mile 32 feet south of utility pole 74/46; between houses #150 and #156.
- 2 Km 136 feet south of south edge of Stone House and utility pole 74/53; at a big ash tree.
- Turn south edge of main part of house #240 (white in 2019).
- 3 Km 8 feet south of centerline of Whipple Road intersection.
- 2 mile 145 feet south of utility pole 74/57; at the cupola of the white barn at Timstead Farm at house #189.
- 4 Km 45 feet north of utility pole 8/45/74/44 at house #145; 2 feet north of south edge of white house.
- 3 mile 52 feet north of utility pole 8/28/74/27; north edge of driveway of brick house #81.
- 5 Km north edge of main entry door to Folsom School; 57 feet north of utility pole 74/23/8/24.

Notes:

- All splits marked with PK nails in the pavement with paint.
- Finish measured and marked in street. Can have finish in the school driveway, which is parallel and a few feet longer than a street finish.



USATF Certification #VT19003JK
Effective 6/9/2019 - 12/31/2029
Drop -1.60 m/Km, Separation 9.92%